

### ABSTRACT OF THE DISCLOSURE

According to the present invention, there is provided an image forming apparatus including developing units which develop latent images formed on image carriers for colors of yellow, magenta, cyan, and black using toners of the corresponding colors, transfer units which transfer toner images in the respective colors formed on the image carriers onto the same transfer body, and a fixing unit which fixes the toner images, and toner preferably used in the image forming apparatus. The developing unit performs development using toner in which, out of five materials of silica, titania, barium sulfate, fine polymer particles, and a lubricant, materials not including either fine polymer particles or barium sulfate are fixed as an external additive, in order to avoid poor transfer and toner filming, improve the cleaning properties, and form an excellent image.